

# Family Education Trust

(Family and Youth Concern)

A Company Limited by Guarantee No. 3503533; Registered Charity No. 1070500

Jubilee House, 19-21 High Street, Whitton, Twickenham TW2 7LB

tel: 020 8894 2525 fax: 020 8894 3535

email: [info@famyouth.org.uk](mailto:info@famyouth.org.uk) website: [www.famyouth.org.uk](http://www.famyouth.org.uk)

---

## Young people need to learn the difference between true love and its counterfeits, says national family charity

*New leaflet being sent to all UK secondary schools points to a better way*

### Media information: Monday 8 November 2010

If we are serious about preparing young people for a stable and lasting marriage in later years, we need to make sure they understand what true love involves, according to national charity Family Education Trust.

The Trust is currently mailing a new leaflet to all secondary schools in the UK aimed at helping young people appreciate some of the key differences between true love and its counterfeits.

Entitled *What is love?* the attractively-produced leaflet shows that while love certainly involves the emotions, it is much bigger than that. A love that stands the test of time will need commitment, faithfulness, perseverance and patience – character qualities that run much deeper than feelings that come and go.

Family Education Trust director, Norman Wells, commented:

“Sex education campaigners often talk about needing to teach young people about relationships, emotions and feelings in a very vague and airy-fairy way, but they invariably fail to draw a distinction between a love that is true and pale imitations of the real thing.

“The problem with so much relationships education is that it confuses love with infatuation, lust and mere physical attraction. The result is that it has become the norm for young people to embark on a series of short-term casual relationships that all too often prove to be a training-ground for divorce rather than for happy and fulfilling marriages.”

*continued over...*

---

Trustees: Arthur Cornell MEd F.Coll.P (Chairman); Betty, Lady Grantchester; Dr John Guly MB BS DMJ; Eric Hester BA (Vice Chairman); Dr Joseph Lim BPharm, MRPharmS, PhD; Simon J Ling MA FCA (Hon Treasurer); Mrs Valerie Riches (Founder President); Dr Trevor Stammers MA FRCGP DRCOG Director: Norman Wells FRSA

Sponsors: Professor Brenda Almond BA MPhil doc.hc (Utrecht); Professor John Bonnar MA MD FRCOG; Viscountess Brentford OBE; Peter Dawson OBE BSc FRSA; Michael McKenzie CB QC; Duke of Montrose; Baroness O’Cathain OBE; Professor Dennis O’Keeffe

The new leaflet helps young people to see that there is all the difference in the world between true love and the selfish pursuit of short-term romance. A love that is real will be expressed not only in the midst of the most intense feeling and emotion, but in all the ups and downs of a shared life.

Norman Wells remarked:

“We need to encourage young people to question the notion that we have a ‘right’ to every good thing, and we have a right to it ‘now’. Because we live in a culture that expects and demands instant gratification, we have become impatient, and growing numbers of people are suffering the consequences in terms of personal debt, emotional trauma, sexually transmitted infections and family breakdown.

“But it hasn’t always been like that, and it doesn’t have to remain like that. We need to show young people that there is a better way and start emphasising the importance of patience, self-control and commitment.”

**ENDS**

---

*‘What Is Love?’ is available from Family Education Trust at the following prices (inc p&p):*

<i>25 copies - £4.50</i>	<i>250 copies - £30.00</i>
<i>50 copies - £7.00</i>	<i>500 copies - £55.00</i>
<i>100 copies - £13.00</i>	<i>1,000 copies - £100.00</i>

---

---

Trustees: Arthur Cornell MEd F.Coll.P (Chairman); Betty, Lady Grantchester; Dr John Guly MB BS DMJ;  
Eric Hester BA (Vice Chairman); Dr Joseph Lim BPharm, MRPharmS, PhD; Simon J Ling MA FCA (Hon Treasurer);  
Mrs Valerie Riches (Founder President); Dr Trevor Stammers MA FRCGP DRCOG Director: Norman Wells FRSA

Sponsors: Professor Brenda Almond BA MPhil doc.hc (Utrecht); Professor John Bonnar MA MD FRCOG; Viscountess Brentford OBE;  
Peter Dawson OBE BSc FRSA; Michael McKenzie CB QC; Duke of Montrose; Baroness O’Cathain OBE; Professor Dennis O’Keeffe